



# January Newsletter

Greater Long Beach Chapter · 2010

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## Ways You Can Help

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## Up Coming Events

**January**

1/12 – Adult Volunteer

## CEO Message



With a New Year upon us many of you might be thinking to yourself, "Have I made my New Years resolution yet". How will you start your new year off right? You can start by considering any of these positive changes to your life.

[Donate Blood:](#) Many individuals in hospitals are in need of life giving blood. Become a blood donor this year!

[Volunteer:](#) Whether you are a cook, a clerk, or a carpenter, a babysitter, banker or broker your special skills can help the Red Cross and the people we serve. You will serve your community, meet other people who care and help the Red Cross be ready whenever disaster strikes.

[Be Prepared:](#) Prepare your family this new year for the next disaster by taking our online preparedness course or learning CPR and First Aid

[Donate:](#) Thanks to the generous support of the American people the Red Cross is in your community ready to respond to the next disaster. Always being there requires sustained readiness and resources. Our donors' support is the lifeline that makes this possible.

Any of these resolutions can get your new year started of right. In the process you have also helped some one in your community who really needed a helping hand. Wishing you the best this new year!

Sincerely,  
Nancy C. Kindelan  
CEO

1/19 – Youth Volunteer Orientation

1/21- Preparedness Presentation

1/23 – Volunteer Recognition

1/30- Safe Kids Training

### February

2/9 – Adult Volunteer Orientation

2/16 - Youth Volunteer Orientation

2/18 – Preparedness Presentation

2/25 – Adult Volunteer Orientation

### March

3/9 – Adult Volunteer Orientation

3/11 – Hometown Heroes

3/16 – Youth Volunteer Orientation

3/25 – Adult Volunteer Orientation

## Get Trained

Acquire the knowledge & skills you need to help in an emergency situation.

[CPR & First Aid Schedule](#)

[Register for a Class](#)

## Get Prepared

[Online Preparedness Presentation](#)

## GLBC Responds to Christmas Eve Fire



everywhere.

Christmas week the Greater Long Beach Chapter of the American Red Cross responded to two disaster calls. The first was on December 23 a fire sprinkler head malfunctioned spraying water

Before the Long Beach Fire Department got it under control, 3 apartments were flooded at 2200 block of Locust Street in Long Beach. The water saturated each home, soaking the floors and displacing 11 adults and 6 children. Furniture, personal items and Christmas presents were lost in the flood. [Read More...](#)

## Volunteer Recognition

On Saturday January 23 from 9 AM to 11 AM at the Holiday Inn Long Beach, Lakewood Blvd. the chapter will host the annual Volunteer Recognition Ceremony.

Breakfast will be served, service year pins will be presented and Outstanding Volunteer of the Year awards will be given. Additional community awards are given to organizations and groups who have been supportive of the American Red Cross mission during the year. Outstanding Chapter awards are named volunteers who have many years of service to the American Red Cross. They include:

- Neil Allgood Outstanding Disaster Volunteer of the Year Award,
- Dorothy Wise Outstanding Volunteer of the Year award
- Hal Ball Good Neighbor Award
- Betty Seal Youth Volunteer of the Year Award

Volunteers are the heart of the American Red Cross— for every one paid staff member, there are 43 volunteer staff members who answer the call 24 hours a day, 7 days a week, 52 weeks each year.

Throughout the long history of the American Red

Cross, it has been the volunteer nurses, drivers, shelter managers, case workers and office workers that are responsible for our success.

All registered volunteers are encouraged to attend. Please RSVP to Lokia Pearson, Director of Volunteers at 562-595-6341 or [pearsonLA@usa.redcross.org](mailto:pearsonLA@usa.redcross.org).

### **First Annual CPR Saturday Event in Hawaiian Gardens**

In partnership with the City of Hawaiian Gardens on January 9, 2010 we will be hosting our first ever Spanish CPR Saturday event in Hawaiian Gardens, the first time in our chapter's history. At this event for only \$13 residents of Hawaiian Gardens can come and learn Adult CPR in Spanish.

The event will be held at the Hawaiian Gardens Community Center from 8:00 am to 1:00pm. If you are a resident of Hawaiian Gardens and would like to take advantage of this great opportunity please register by calling (562) 490-4035.

### **Meet the Volunteers of the Month**

The Greater Long Beach Chapter of the American Red Cross announces the October Volunteers of the Month Million Tesfaye and Joanne Westpoint. [Read More...](#)

### **12<sup>th</sup> Annual Holiday Project a Success**

On December 12, the GLBC Youth Services held its 12th Annual Holiday Project at Silverado Park where youth volunteers hosted a holiday party for over 1000 children from local community agencies and homeless shelters.

visited Santa Claus, and participated in arts, crafts and received a Disaster Preparedness Puppet Show. [Read More...](#)

### **Hometown Heroes**

On August 10, 2009 Adriana Lopez was enjoying a family Barbeque when her son began to choke on some food. Fighting the natural fear a mother would feel she remembered her Red Cross CPR training and jumped into action. She performed back blows on her son which expelled the food, saving his life.

Join us on March 11, 2010 at 7:30 for our 6<sup>th</sup> Annual Hometown Heroes Breakfast. We will be recognizing Adriana and other individuals who stepped forward and changed some one's life. Come hear these brave stories of courage and bravery. Tickets are \$50 and can be purchased by calling (562) 595-6341 or [click here](#).

Hyatt Regency  
200 S. Pine Ave  
Long Beach

### **Preparedness Presentation at the Chapter**

The GLBC is hosting evening disaster preparedness presentations the 3rd Thursday evening of every month from 6 pm-7 pm to address preparedness for individuals that have busy schedules with work and school. For more information and to sign up for classes [click here](#)

### **Words of Wisdom from Clara Barton**

Clara Barton, founder of the American Red Cross, is honored as one of the great women of America. She dedicated her life to helping people in distress. Ms. Barton had a talent for words and throughout her life she wrote voluminously, often daily. She was also a gifted speaker, able to move just a single person during a personal conversation or motivate large crowds. Ms. Barton left us with a legacy of hope, dedication and caring, along with some colorful words of wisdom:

***"She had the command of a general, the wisdom of a statesman, and the heart of a woman."***

- Unknown speaker about Clara Barton, 1893